

Men of Saint Michael

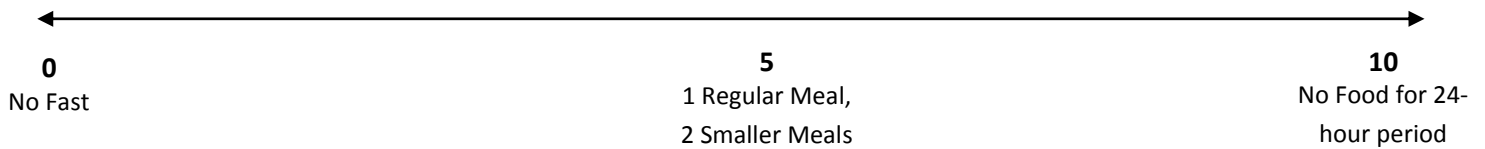


Men of St. Michael, in answer to the moral degradation of our culture, step forward to say, "Yes, God, I *will* serve!" We do so by committing to prayer and sacrifice for the good of our families, Holy Mother Church and our communities.

How it works:

You will receive a reminder email on Fridays and a few other select days during the year (such as Ash Wednesday and Ember Days). You choose the level to which you would like to participate.

The day following the fast, there will be an email that will call for "grades" on a scale of 0-10. This is purely voluntary, but it allows the facilitator to report an aggregate of our efforts. You can use the following guide for your grading:



Other Suggestions:

You should give yourself credit for attending mass, a holy hour and other devotions. You should detract from your score if you are cross with your family or others. And, always, we should strive to increase what we do, with God's grace.

Thank you for your consideration, may God bless you!

"Then Jesus said to His disciples, 'If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me.'" Matt. 16:24 (NASB)

Are you ready to serve? To sign up, contact Bryan Holt



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@MenofStMichael