

GUIDE FOR PLANNING

1. PLANNING AHEAD FOR THE DAY

- What activities do we need to say "No" to? (e.g., sports, work, other activities that take away from family, Sunday celebration, and worship)
- What chores/to-dos do we need to do before Sunday Kick-Off? (e.g., emails, homework, laundry, groceries)
- What chores/to-dos can wait until Monday? (e.g., laundry, Amazon, mow)

2. SUNDAY KICK-OFF RITUAL

- Place all screens in technology-basket and put away until Monday morning (unless communal game/movie). Articulate when screen-free time starts and finishes. Place blankets over big screens. Only watch a movie or sports if entire family agrees to participate.
- What will you do to mark the beginning? Where and when will this be? (e.g. 1 = Hamburgers, Rosary and Movie Night. e.g. 2 = After dinner, bake pan-sized cookie, dump half gallon of ice-cream on it, gather around and eat straight from the pan.)
- What will a moment of prayer be?

3. SUNDAY EUCHARIST

- The entire family should celebrate the same Eucharist (Mass) together. Try to be consistent with which Mass you attend from week to week.

4. SUNDAY SCHEDULE OF PRAYER

- Consider making a "Home Prayer Altar" or "Prayer Corner." Look on Google for ideas.
- Decide on schedule of prayer:
 - 1. At waking: (e.g., Come Holy Spirit)
 - 2. Morning: (e.g., Angelus w/ spouse)
 - 3. Midday: (e.g., Angelus)
 - 4. Evening (with family): (e.g., Family Rosary)
 - 5. Bedtime: (e.g., Memorare with spouse)
 - 15 minutes/day Silence + Scripture

5. SUNDAY FEAST

- Make sure to plan when you will have a feast together as a family. And pick a tasty menu (apps, entre, desert)! Use the china if you have it! Choose a head chef, helper chef, table setter, cleanup.

- A couple instructions for the meal:
 - This is a scree free zone!
 - Dad should lead the family in prayer (and Thanksgiving Ritual if this is the time chosen for it).
 - Prioritize this over all else.

6. SUNDAY RECREATION

- Once again, choose the family (or if single or empty-nesters, a group of friends) over individual's sports, school, work event.
- What are you going to do? (e.g., go on a walk, play music, dance, board games) When and where?
- Also, give time for other things, such as rest, reading, napping, etc.

7. SACRAMENT OF RECONCILIATION

- As a family, choose a day and time once a month to receive the Sacrament of Reconciliation.
- Dad goes first in line.
- Mt 5:21-34: Reconcile with each other:
 - "It hurt me when _____. Can we please seek reconciliation?"
 - "I'm sorry for _____. Will you please forgive me?"
- Celebrate this new life and reconciliation! (e.g., ice cream)

8. SUNDAY SERVE TOGETHER

- Invoke: Come Creator Spirit. Come through Mary.
- Ask: Who is the Spirit moving us towards? Who needs to be seen? Write down people that come to mind.
- Think: Who are we called to ask to celebrate Sunday/meal with us soon? (e.g., widow, bachelor, young family, new in town)
- Answer: When will we invite them?

9. THANKSGIVING RITUAL

- Decide when and where (e.g., at dinner, before family prayer)
- Everyone gets a chance to give thanks for particular moments from this Sunday.
- Then follow Thanksgiving Ritual.
- Plan next Reclaimed Sunday.

Holy Family Parish

Florence—Marion—Pilsen

Pastor: Fr. Isaac Coulter

415 N. Cedar, Marion, KS 66861
620.382.3369 Website: hfpmc.org
Email: hfpmarion@yahoo.com

Office Hours: Tuesday - Friday, 9am-3:15pm
Parish Life Administrator: Rose Davidson
Secretary: Alecia Stuchlik



EUCCHARISTIC ADORATION: Pilsen Tues. 5pm - midnight; Tampa Weds. 8am - noon; Marion Thurs. 6am - Fri. 8am.

CONFESSIONS ARE HEARD: 30 minutes before every Mass, or by appointment.
BAPTISM, MARRIAGE, PSR, RCIA: Contact the church office for information.

Saturday, Florence 5:00pm

EMHC: Demitry Evancho, Donna Fink

Lector: Demitry Evancho
Ushers: Nick Kraus, Duane Kirkpatrick

Gift Bearers: Duane Kirkpatrick family

Servers: volunteers
Church Cleaners: Bob & Deb Gillett

Sunday, Marion 8:30am

EMHC: Mitch Guetterman, Ken Stuchlik, Diana Blount

Lector: Jackie Palic
Ushers: Kevin Jirak, Frank Tajchman
Gift Bearers: Nickolas Hett family
Servers: Hugh & Hank Guetterman, Cooper Jirak

Rosary: Heather Schlehuber
Coffee & Rolls: Chris Stuchlik family
Church Cleaners: Loretta Turk

CONGRATULATIONS to Hadley Helget, daughter of Hunter & Kayla Helget, on her baptism at Pilsen last Sunday.

POPE FRANCIS TWEETS: The #Charity of Christ compels us to care for our smallest and most marginalized brothers and sisters. It is a tangible and courageous love that embraces even what seems unlovable. Christ's love forgives, forgets, blesses, and gives without measure.

Amid today's uncertainties and utter lack of hope, we must promote a culture of the #Family and life. May our efforts help the younger generations to appreciate marriage, family life, and the beauty of creating and safeguarding life.

ADORATION TIME: Please prayerfully consider filling an opening in Marion on Thursday from 9 - 10am. Call Jackie Palic, 620.382.3757.

UPCOMING PARISH EVENTS

Sun., May 19 - Reclaim Sunday
Wed., May 29 - K of C "Knights Degree", PL 6:30pm, followed by meal
Fri. & Sat., May 31 & June 1 - Bake Days for Fr. Kapaun Day, PL 9am
Sun., June 2 - Fr. Kapaun Day, PL Mass at 11am, with lunch served after by St. Anne's A. S.

Pentecost Sunday

May 19, 2024

THIS WEEK'S HOLY MASSES & INTENTIONS

Tues., 5/21	Marion 5:30pm	Tom Oborny
		Knight of the Month
Weds., 5/22	Marion 8am	+ Mary Schneider
Thurs., 5/23	Pilsen 8am	+ Thomas Seiler
Fri., 5/24	Marion 8am	+ John Griffith
Sat., 5/25	Florence 5pm	For the Parish
Sun., 5/26	Marion 8:30am	+ Bob Kelly
	Pilsen 10:30am	+ Tom Klenda

Liturgical Assignments for May 26, 2024

Most Holy Trinity Sunday R 573 B 943

Homebound EMHC: Marion: Theresa Cady
Hillsboro: Bob & Marlene Herzet

Sunday, Pilsen 10:30am

EMHC: Jeanne Rziha, Sharon Gutsch, Peggy Kleiber

Lector: Timothy Vinduska
Ushers: David, Thomas & Greg Oborny, Tim Svoboda
Gift Bearers: Gail & Marissa Makovec
Servers: Austin Marsden, Samuel & Ben Rziha
Rosary: Vickie Jirak

Your Contribution for May 11 & 12	\$5,978.00
Weekly Operating Budget	\$5,300.00
Overage (Shortfall)	\$678.00

K OF C NEWS: There will be a ceremony for men to join the Knights on Wed., May 29th at the Pilsen church at 6:30pm. A family meal will follow. For more information, please contact Tim Baxa at 785.243.4999.



FRESH FLOWERS

will be placed in front of the MN altar for your loved one for a donation of \$50. Contact the church office to get on the list.



Prayer List

Lisa Hanschu	Robert Raleigh	Jeremy Schlehuber	Candee Thode, <i>Daniel Stuchlik’s sister</i>
Charlotte Casey	Jay Smith	Jake Smith	Mary McCarthy, <i>Ann Holt’s sister</i>
JoAnn Nowak	Demitry Evancho	Lea Schwart	Tom Yazel, <i>Brad Yazel’s father</i>
Tillie Schafers	Randy Herbel	Larry Rudolph	Sheila Williams, <i>Donna Fink’s daughter</i>
Terry Holt	John Oborny	Levi Williams, <i>Collette Haslett’s nephew</i>	
Rita Brennan	Ben Klenda, <i>Mark Klenda’s brother</i>	Tom Darnley, <i>Pat & Laurie Holub’s friend</i>	
Mary Griffith	Perry Schump, <i>LaVada Holub’s nephew</i>	David Staatz, <i>Art Stroda’s brother-in-law</i>	
Delmer Fink	Deanna Saba, <i>Lou Voelker’s daughter</i>	Katherine Combs, <i>Mikael & Jan Peters’ friend</i>	
Tim & Amy Vogel	LaVerna Molleker, <i>Don Molleker’s mom</i>	Vince Truax, <i>Rita Brennan’s brother-in-law</i>	
Patty McLinden	Elaine Stirn, <i>Art Stroda’s sister</i>	Beth Bouflog & family, <i>Susan Ross’s daughter</i>	
Mark Jirak, <i>Francis, Ron & Steve Jirak, Rita Brunner’s brother</i>		Dan Sobczynski, <i>LaVada Holub’s nephew</i>	
Cassandra Montoya, <i>Bob & Marlene Herzet’s friend</i>		Charles Horinek, <i>Jim & Norma Horinek’s nephew</i>	
Bob Grochowsky, <i>Don & Jeannie Vinduska’s brother-in-law</i>		Sharon Thompson, <i>Patty McLinden’s friend</i>	
Jillian Ledford, <i>niece of Don & John Vinduska & Carol Wituk</i>		Taia Tinsley, <i>Pat Holub’s daughter-in-law</i>	
Sharon Hatfield, <i>Mark Klenda’s sister</i>		Loretta Reising, <i>Sarah Fenske’s aunt</i>	
Connie Whitcomb, <i>Duane & Lori Kirkpatrick’s friend</i>		Melissa Arnold, <i>Sarah Fenske’s friend</i>	
Nancie Jirak, <i>Greg & Jackie Jirak’s granddaughter</i>			

HOME BOUND & NURSING HOME: Madonna Schafers, Susan Ross, Walter Plus, Kathleen Oborny, Glennis Monares, Betty Mintener, Irma Benda, Sunny Herman

RECLAIM SUNDAY TESTIMONY

MARY JIRAK: Keeping Sundays holy was part of the natural rhythm of our lives growing up. We learned by living it. Saturday was especially busy, preparing whatever food we could ahead of time so there was little left to do on Sunday. The house was cleaned from top to bottom, shoes were polished, hair was washed and curled, baths were taken and cinnamon rolls were baked for Sunday morning breakfast.

We usually attended the 8:00 Mass Sunday morning and stopped at our grandparent’s house afterwards for coffee, cookies, conversation and play. All seven of my dad’s siblings were parishioners at Sacred Heart Parish in Colwich, so there was usually a good turnout for our weekly extended family gathering.

We didn’t do unnecessary work on Sunday—ever! In fact, a few weeks before my cousin, Janice, got married, I spent the weekend at her house, helping her sew the bridesmaids’ and flower girl dresses for her wedding. We cut and sewed and pressed all day Saturday and ended up doing an all-nighter—sewing through the night until about 6:00 Sunday morning. I drove 10 miles home, quite proud of myself for all we had accomplished. After bragging to my dad what we did, he immediately shook his head in disappointment and said, “Are you telling me you worked on Sunday?” I was crushed, realizing I had violated God’s law of keeping Sunday holy. I had disappointed my earthly father and my heavenly Father! That was a very powerful lesson for me and it was branded deeply into my heart for the rest of my life. My dad was a construction worker and a farmer. Every summer, we moved to eastern Colorado, where we farmed. We got very little rain, but every time it DID rain, it hailed. My dad never harvested or did any other unnecessary work on Sunday even if a storm was threatening. It was a day when our family attended Mass, napped, ate and played together, and often visited family or friends.

FRANCIS JIRAK: Saturday night, after the chores were done and everyone was cleaned up, our family occasionally went to the movie theater on Main Street in Tampa. Mom and Dad couldn’t afford to buy everyone popcorn at the concession stand, so we usually smuggled in popcorn from home.

First thing Sunday morning, we milked the cows, gathered eggs, and fed the animals. We attended Mass together at Holy Redeemer Church in Tampa. Usually, we stopped at Grandpa Mastek & Uncle Albert’s house after Mass for a visit and a treat. My huge Uncle Albert liked to lift me to the ceiling with one hand and hold me there. It was fun! After returning home, we ate dinner and played or rested. Often, on Sunday afternoons, we went to our cousins, the Bina’s, or they came to our house. They had 12 kids and we had 12 kids, so we had a great time playing together. Of course, the boys got into a little trouble once in a while, since the Bina boys are pretty ornery—just like the Jirak boys! We always took time to watch Bishop Sheen on TV on Sunday evenings, wondering when his little guardian angel would fly in to erase the blackboard. Our usual Sunday night treat was sharing a few bottles of pop and dad’s sticky popcorn. Dad never worked on Sunday except during harvest, after he got permission from the pastor. On Sundays when the grain was ready, there was usually a line of men standing near the sacristy door, waiting to ask Father’s permission to harvest on Sunday.

MARY JIRAK: We wish everyone here the unexpected joy and peace we experience in celebrating Sundays as we do. Though it’s a hard practice in modern times, refraining from work on Sundays brings great blessings. Let us pray with God’s Word in the book of Leviticus 26:2-4: “You shall keep my sabbaths and reverence my sanctuary: I am the Lord. If you walk in my statutes and observe my commandments and do them, then I will give you your rains in their season, and the land shall yield its increase, and the trees of the field shall yield its fruit.” Amen.

RECLAIMED SUNDAY

DATE:

PLANNING AHEAD FOR THE DAY

Say “no” to:

Before Sunday:

Wait until Monday:

KICK-OFF RITUAL

What:

Where:

When:

Prayer:

SUNDAY EUCHARIST

Place:

Time:

SCHEDULE OF PRAYER

AT WAKING	
MORNING	
MID-DAY	
EVENING	Family
BEDTIME	
15 MIN SILENCE	

SUNDAY RECREATION

WHAT:

WHERE:

WHEN:

OTHER:

SUNDAY SERVE TOGETHER

WHO:

PLAN:

SUNDAY FEAST

WHEN:

MENU:

CHEF:

COOKS:

TABLE:

CLEAN:

MONTHLY SACRAMENT OF RECONCILIATION

WHEN:

WHERE:

THANKSGIVING RITUAL

WHEN:

WHERE: